



ANNAMMAL COLLEGE
OF EDUCATION FOR WOMEN

Counselling Cell

Counselling Cell of the institution aims to facilitate personal well being of the students through support and guidance of a qualified team of faculty members as counsellors, for a healthy mind and body. The Counselling Cell encourages the students to understand themselves and guides them to resolve their problems.

Objectives

- To help the student to understand their own potential and to become self-actualized individuals
- To create awareness about issues and problems related to the mental health of students
- To help the students in solving their personal, educational, social as well as psychological problems.
- To enable students to cope effectively with the problems they face.

Activities

- Identify students who require help
- Solve personal problems of students by conducting individual counselling sessions
- Organize lectures, seminars and workshops for students on mental health
- Refer the students to psychiatrics or counsellors for guidance

Coordinator	:	Dr. S. Emimah Assistant Professor of Mathematics
Members	:	Dr. N. SudhaKumari Assistant Professor of Education Mrs. A. Vinothini Sylvia Assistant Professor of Education
Student Representative	:	Ms. Stuti Talwar B.Ed. First Year Student