

**St. Christopher's
College of Education,
Vepery, Chennai.**

**Annammal
College of Education,
Thoothukudi.**

Organize Faculty Exchange Programme

Guest Lecture on

MEMORY

On 15th November 2022

2.15 pm to 3.15 pm

SPEAKER

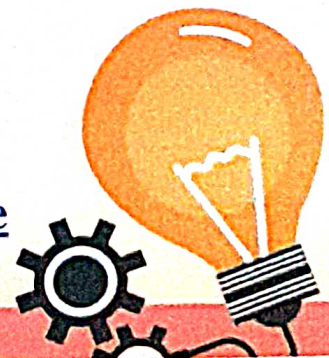
Dr. E. Valarmathi



**Assistant Professor of Education
Annammal College of Education
Thoothukudi**

Click here:


<https://meet.google.com/moz-ikwx-nie>



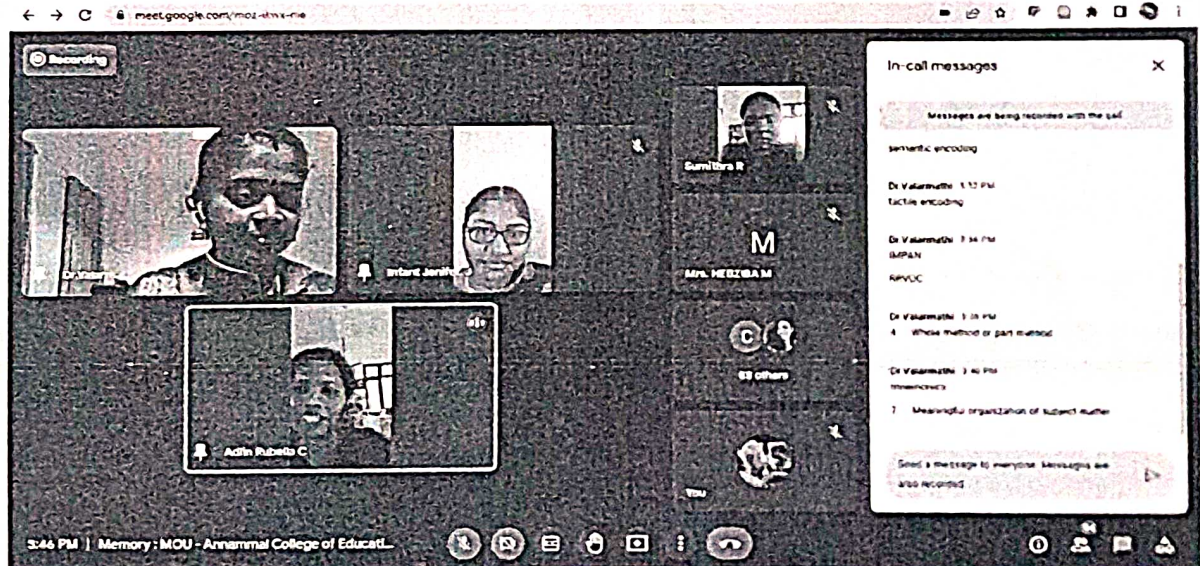
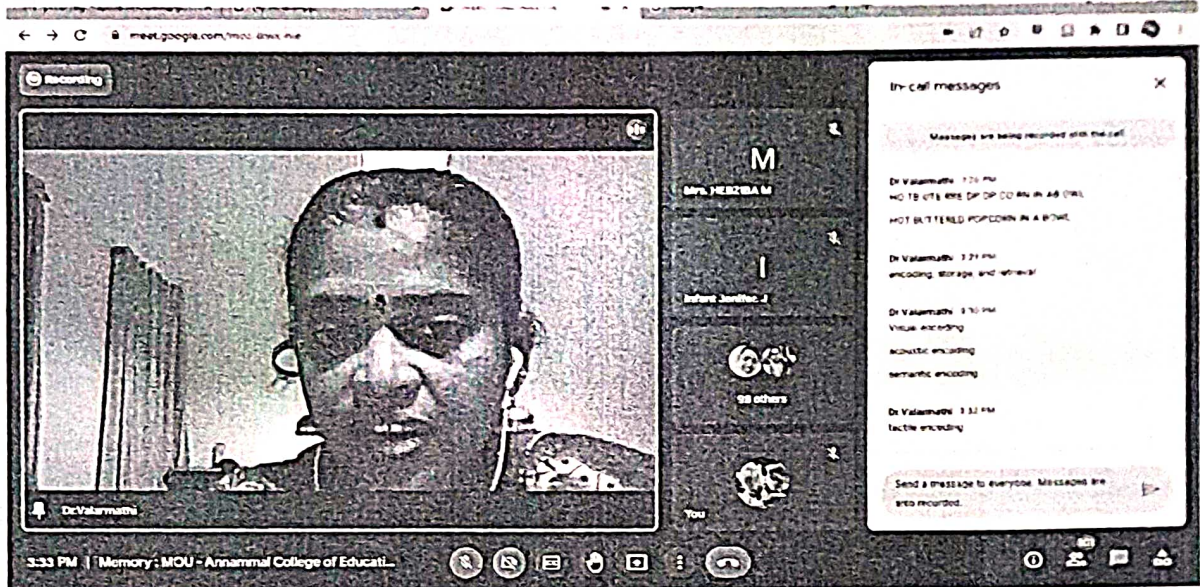
**ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN, THOOTHUKUDI
AND
ST. CHRISTOPHER'S COLLEGE OF EDUCATION, CHENNAI
REPORT ON THE FACULTY EXCHANGE PROGRAMME ON THE TOPIC
'MEMORY'**

15.11.2022

A guest lecture on the topic 'Memory' was organized as a faculty exchange programme with St.Christopher's College of Education, Chennai on 15.11.2022. Dr.K.E. Valarmathi, Assistant Professor of Education, Annammal College of Education for Women served as the resource person. She defined memory as the faculty of encoding, storing, and retrieving information. She then listed out the three important categories of memory such as sensory, short-term, and long-term. She also explained each of these kinds of memory and also the different attributes, of memory such as for holding information and control. She then explained all the steps of encoding the information from the memory. She also gave useful tips for retrieving information from the memory. She explained the ways to strengthen the memory.


**PRINCIPAL
ANNAMMAL COLLEGE
OF EDUCATION FOR WOMEN
THOOTHUKUDI 628 003**

**ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN, THOOTHUKUDI
 REPORT ON THE FACULTY EXCHANGE PROGRAMME ON THE TOPIC
 'MEMORY' HELD ON 15.11.2022**



[Handwritten Signature]

**PRINCIPAL
 ANNAMMAL COLLEGE
 OF EDUCATION FOR WOMEN
 THOOTHUKUDI 628 003**