

THOOTHUKUDI

REPORT ON QUALITY INITIATIVES PROGRAMMES 2021-2022

SESSION ON ASSESSMENT OF LEARNING

Annammal College of Education for Women organised a session on 3rd September 2021 titled "Assessment of Learning". It is arranged at the Shenbagamurthy Hall so as to facilitate the prospective teachers to integrate ICT. The resource person for the session is Dr.K.E.Valarmathi, Learning Officer, Velammal NewGen Edu Networks, Chennai. The resource person tested the previous knowledge of the prospective teachers through Mentimeter app. The participation of the prospective teachers using this app is appreciable as the diagnosis is through gamification.

The core areas focused by the resource person includes testing , evaluation, difference between testing and evaluation, diagnostic test and its purpose, achievement test and its purpose, aptitude and proficiency test, assessment for learning, assessment of learning and assessment as learning. The facilitator covered few more concepts like kinds of written type examinations which includes oral type questions, short answer and essay type questions. She differentiated each of these types with examples. She also covered the steps in planning and construction of an achievement test, characteristics of a good test, analysis of test items using item difficulty and discrimination index through example. A model question paper along with blueprint and mark scheme is shown as an example.

The session was live through the active participation of the prospective teachers. The prospective teachers were given insight on the preparation of online assessment tools using mentimeter app. The prospective teachers were given time to clarify their doubts. They posed questions on difference between assessment for learning and assessment of learning. They were given clarification through examples by the facilitator.

The link to attend the diagnostic test using the mentimeter app is <u>https://www.menti.com/4z6d1nkdfs</u>. The prospective teachers were given light on the correct answers immediately after each question by the facilitator. The feedback

is shared immediately and hence the learning attainment is maximum. The prospective teachers were given a post test question using the G form with the following link: <u>https://forms.gle/sR8VhqYurdTEwCFW9</u>.



THOOTHUKUDI

SPECIAL ADDRESS ON "BRAILLE AND ASSISTIVE TECHNOLOGY: BASIC LITERACY"

The IQAC of the college organized a special address on "Braille and Assistive Technology: Basic Literacy" on 09-09-2021 at 2 p.m. The address was conducted online through Google Meet and the joining information is: Mr. Vinod Benjamin Rayan, Assistant Manager, Tata Consultancy Services served as the resource person. The students were present in the classroom and got connected through Google Meet for the programme. Dr. R. Suryakala, IQAC Coordinator welcomed the online gathering. Mr. Vinod Benjamin Rayan began his presentation with the history of Braille. She presented visuals on Braille dots and explained how they are helpful to the visually challenged. He then gave a brief explanation of the assistive technologies for writing and reading for the visually challenged. He presented on the different technologies that can make like easy and enjoyable for the visually challenged. He also elaborated on how he learned to use devices to overcome his low vision and to do things like any other non- disabled person. The students raised their queries about assistive technologies and Braille and Mr. Vinod clarified the doubts. The session came to an end with a vote of thanks proposed by Ausmitha Srnithi Christy, first year B. Ed. student.



THOOTHUKUDI

REPORT ON WORKSHOP ON COMMUNICATION SKILLS

Communication Skill is very important for student teachers. Knowing the importance of communication every year this workshop is conducted to enhance communication of students. The workshop is conducted for the student teachers on 16.11.2021.

- To improve fluency through regular practice.
- To improve vocabulary.
- To understand the basic grammar structures.
- To support students in improving their communication ability.
- To develop skills in speaking and writing skills.

The workshop helps the students to gain knowledge about basic grammar. The students identified the need for drill and practice of communication skills. The students understood the usefulness of speaking and writing skills. The students gained ideas to utilize basic grammar for communication. The students acquired the necessary skills regard to communication by means of activities.



THOOTHUKUDI

WORKSHOP ON 'LIFE SKILLS'

Life skills course was conducted for students on 18.11.2021 and 19.11.2021. The following topics were handled by the respective teachers.

Time Management	Dr. S. Jeyaparvathi	
Emotional Intelligence	Dr. A. P. Chaarulatha	
Stress Management	Mrs. A. Vinothini Sylvia	
Negotiation & Communication Skill	Mrs. D. Shunmuga Selvasivasankari	
Public Speaking Skills	Dr. P. Lavanya	
Communication Ethics	Dr. A. Nagalakshmi	
Etiquettes for Teachers	Dr. K.E. Valarmathi	
21 st Century Skills	Dr. A. Joycilin Shermila	
Critical Thinking	Mrs. R. Thanga Selvam	
Transactional Analysis and Body	Dr.N. Sudha Kumari	
Language		



THOOTHUKUDI

WORKSHOP ON TEACHER PROFESSIONALISM

The IQAC of the college organized a Workshop on "Teacher Professionalism" for B. Ed. and M. Ed. students on 04-12-2021. Dr. P. Muthukumar, Director of Management Studies, Amrita College of Engineering, Nagercoil Campus served as the resource person. Mrs. N. Prabha delivered the welcome address. Dr. Muthukumar began the workshop by differentiating the terms 'job' and 'profession'. He asked the students to make a list of characteristics expected from a professional. He then presented the story of "Mahadev- the Undertaker" from the book "The Boss" by Subroto Bagchi. He narrated a few incidents in the life of Mahadev which made him an epitome of professionalism. He then asked the students to revisit the list they had prepared. The exercise helped the students to realize the characteristics needed for professionalism. He pointed out two qualities- ability to work without supervision and ability to certify the completion of one's work, which differentiate a professional from a professionally qualified person. He listed the top ten attributes of a professional. He ended his session with a group activity that helped the students to understand the need and importance of adding value to oneself. Dr. R. Suryakala proposed the vote of thanks. The workshop helped the students to understand the essentials of professionalism.



THOOTHUKUDI

PROFESSIONAL ETHICS FOR STUDENT TEACHERS

The student council of Annammal College of Education for Women organised a special address on PROFESSIONAL ETHICS FOR STUDENT TEACHERS on 10.12.2021. The programme started sharp at 10.10 a.m at Shenbagamoorthy Hall. The resource person for the programme is Dr. S. Sudha Rani, Assistant Professor, Department of English, St. Mary's College (Autonomous), Thoothukudi. Dr.K.E.Valaramathi, Assistant Professor of Education of our college welcomed the gathering.

She introduced the resource person to the prospective teachers. The resource person shared the meaning of the term professional ethics. Followed by that she shared the core responsibilities of a teacher educator as teaching is the noble profession. She also mentioned the prime responsibility of a teacher as she is the role model for the students inside the classroom. She referred many of the literary quotes associated with professional ethics and the session was informative. She now and then shared short stories associated with professional ethics. Mrs. Ms.S.Dhanuja, B.Ed Prospective Teacher proposed the formal vote of thanks.



THOOTHUKUDI

DEALING WITH STUDENT DIVERSITY

The IQAC of Annammal College of Education for Women organized a Special Address on "Dealing with Student Diversity" for B. Ed. students on 10-12-2021. Dr. C. Shirley Moral, Assistant Professor, Department of Education, Madurai Kamaraj University, Madurai served as the resource person. The programme was organized in the Shenbagamurthi hall of the college at 11 a.m.

Dr.K. E. Valarmathi, Assistant Professor of Education welcomed and introduced the resource person. Dr. Shirley Moral began her address by defining the term 'diversity". She then elaborated on the diversities that exist in the classroom. She mentioned about differences among students based on the following aspects:

- Learning styles
- Socio economic status
- Interests
- Aptitudes
- Intelligence level
- Gender

The students were asked to share about the above mentioned disparities they had noticed in the school days. They were also asked to reflect on how the disparities had affected the performance of students. This was followed by a discussion on the ways of dealing with diversities. Dr.Shirley explained a few techniques to address student diversity in the classroom. She play two videos- one on the "Intention Experiment" by Lynne McTaggart and the other on Flash and Memory Japanese Experiment. The two videos helped the students to understand the power of words and the impact of focused attention. She concluded by emphasizing that teachers should go an extra mile to deal with student diversity. Subin Jeba, B. Ed. first year student proposed the vote of thanks.



THOOTHUKUDI

HANDS-ON -TRAINING ON PRODUCING E-RESOURCES USING MOBILE APP

Resource Person: Dr.X.Antony Josephine Mary, B.T Assistant, Govt.High School, Sennamareddipatti. Date: 18.12.2021

The resource Person was the school teacher who has prepared a number of video content as e-resource for her students. She introduce the use of KineMaster for the student teachers to use it for the teaching practice. KineMaster is, by far the most advanced video editing app available on both iOS and Android. The revolutionary app has made it easy to cut, edit footage, mix audio and background music, remove green (chroma key) from the video and put anything behind you. It gives you all the tools which a professional editing software on PC and Mac offers. In this hands-on-training, the students will be able to learn how to use it's tools, how to cut and edit footage, apply filters, remove green screen from the background, add title and media etc. The below content was delivered to the students as Hands-on-training to be used along with her in the session.



THOOTHUKUDI

BOOK READING AND DISCUSSION SESSIONS

The Library Committee of the college organized book reading and discussion sessions for the first year B. Ed. students. Certain books were identified for reading. A chapter from the selected books were made available as printed copies to the students during the library hour in the morning. Two books in Tamil language and two books in English language were taken for reading and discussion. The students were given three days' time to read each book chapter. This was followed by a discussion session. The students were divided into groups and the discussion in each group was moderated by teachers.

The details of the books taken up for reading and discussion are as follows:

- 1. Ithu yaarudaiya vaguparai? Aysha Natarajan
- 2. Great Men and Women-Leslie W. Leavitt
- 3. Neerpazhi- Cho. Tharuman
- 4. The Runaway and other stories- Rabindranath Tagore

The book "Ithu yaarudaiya vaguparai?" written by Aysha Natarajan is a book about education and classrooms. A chapter in the book "Our Classrooms, Their Classrooms" deals with the salient features of the education system of different countries. This chapter was taken for reading and discussion. The first book reading session was organized on 08-12-2021.

The book "Great Men and Women" written by Leslie W. Leavitt is a book about the lives of great men and women. A chapter in the book "Madame Curie" tells us the life history of Madam Curie. This chapter was taken for reading and discussion. The second book reading session was organized on 11-12-2021.

The book "Neerpazhi" written by Cho. Tharuman is a collection of short stories. Two short stories; Eeram and Appavikal were taken for reading and discussion. The third book reading session was organized on 15-12-2021.

The book "The Runaway and other stories" written by Rabindranath is a collection of short stories. A story in the book "The Conclusion"" is one of the short stories by the author. This story was taken for reading and discussion. The fourth book reading session was organized on 29-12-2021.

The teachers prepared a few questions to be considered for each discussion. The students were seated in a circle on the ground during the discussion. Each question was put forward by the teacher and the students were free to voice their thoughts. The discussion was centered on social issues reflected in the books and helped to gain an understanding of multiple perspectives.



THOOTHUKUDI

INDIVIDUAL EDUCATION PLAN

The IQAC of Annammal College of Education for Women organised a Special Session on "Individual Education Plan". The programme started sharp at11.00 a.m at Shenbagamurthy Hall. Dr A.Joycilin Shermila, Principal, Annammal College of Education for Women welcomed the gathering. She introduced the Resource person. The special session was handled by Dr.K.E.Valarmathi , Assistant professor, Annammal College of Education for Women. She assessed the previous knowledge of the prospective teachers on IEP through Mentimeter. She shared inputs on the following:

- The meaning of the term "Individualized Educational Plan"
- Purpose of an IEP
- Components of an IEP
- Stages of developing an IEP

She explained the four stages namely, gathering and sharing information, setting direction, developing and writing the IEP, implementing and reviewing the IEP elaborately. The speaker then assessed their understanding on IEP using a G form with the following link : <u>https://forms.gle/8fumHPGEg6CnKjg b6</u>. Ms.K. Subin Jeba, Chairperson, proposed vote of thanks.



THOOTHUKUDI

PREVENTING AND RESPONDING TO HARASSMENT'

The women development cell of the college organized a programme titled 'Preventing and Responding to Harassment' for the B.Ed. and M.Ed. students on 4th January 2022. Advocate Sornalatha, SS Law Firm, Thoothukudi served as the resource person. She began her lecture with the quotation that 'Ignorance of law is not an excuse'. She addressed the students on the various issues related to harassment such as abuse, infatuation, harassment etc. She also explained on the POSCO Act. Then she explained the common problems faced by women and men involved in harassment issues by quoting many real life examples. She stressed on the various practices to be adopted by the girls and women to escape from harassment.

She also explained the ways to handle the problems faced by women in social situations when they face harassment. She gave useful tips and solutions to address the issues related to harassment. She advised the students to be strong and brave and voice for themselves when they face any such problems in future. After her presentation, she interacted with the students and answered the different queries of the students. The programme was well received by the participants and was evident from their enthusiastic participation and interaction.



THOOTHUKUDI

WORKSHOP ON 'CAREER GUIDANCE AND LIFESKILLS'

A workshop on 'Career Guidance' was organized on 16.02.2022 in association with Nehru Yuva Kendra, Thoothukudi. Session I was on 'Career Guidance & Counselling' and session II was on 'Life Skills'. The students were given a clear picture of the different career opportunities available from the local community and abroad. The resource persons trained the students on the soft skills that are required to manage the life problems and issues.



THOOTHUKUDI

SPECIAL SESSION ON "THEORIES OF INTELLIGENCE"

A special session on "Theories of Intelligence" was organized on 22-02-2022 by the Psychology Club of Annammal College of Education for Women. Dr.S. Jeyabharathi, Assistant Professor and Head, Department of Psychology, St. Mary's College, Thoothukudi served as the chief guest. The programme started sharp at 10.10 a.m at Shenbagamoorthy Hall. Dr.K.E.Valarmathi, Assistant Professor and in charge of the Psychology Club of Annammal College of Education for Women welcomed the gathering and introduced the resource person to the student teachers. The resource person explained the following theories of Intelligences:

- Two factor theory
- Thurston's Group factor theory
- Thorndike's Multi-factor theory
- Guilford's Structure of Intellect, and
- Gardner's Multiple Intelligence

The student teachers got clarifications on few of the concepts taught. Ms.k.Megala, B.Ed I year proposed the vote of thanks.



ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN, THOOTHUKUDI

VALUE ADDED COURSE ON DIGITAL LITERACY PROGRAMME

The use of computer and ICT or digital tools for teaching-learning process is very essential. The use of technology inside classroom is evitable for every teacher. The main instructional objective of this course is to provide hands-on-training for the use of technical skills inside the classroom. The objective of the course is to impart basic level computer appreciation course with more emphasis on hands on training. Initially, the course was conceived as to boost the concept of introducing a course on computer fundamentals for students. The basic computer literary course can equip a person to use the computers in day-to-day life for professional and personal use. The session was handled by two eminent trainers – Mr. Balajee and Mr. Praveen. The students completed the course with practical sessions of the concepts taught. The students were divided into two batches to make the training effective.



ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN, THOOTHUKUDI

INCOTHURUDI

SPECIAL LECTURE ON INNOVATION IN TEACHING AND LEARNING

The English Club of our college has organized a Special Lecture on Innovation in Teaching and Learning on 15.03.2022. Mr.Chitthanandha, Retd. PG Assistant of St.Xavier's Boy's School, Thoothukudi has served as the resource person. He oriented the students on the innovative practices that are followed in teaching and learning. The students also raised their clarifications which were addressed by the resource persons.



THOOTHUKUDI

WORKSHOP ON 'REPAIR YOUR HANDWRITING'

A workshop on "Repair your Handwriting" was organized on 18.03.2022. Mr. T. Sampath Samuel., District President, Tamilnadu Science Forum, Thoothukudi served as the resource person. He addressed the students on the posture to be observed while writing and use consistent letter dimensions. He also suggested the students to copy and practice any handwriting they like. He also addressed the queries of the students.



THOOTHUKUDI

SVEEP CONTEST

Systematic Voters' Education and Electoral Participation program, better known as SVEEP, is the flagship program of the Election Commission of India for voter education, spreading voter awareness and promoting voter literacy in India. SVEEP's primary goal is to build a truly participative democracy in India by encouraging all eligible citizens to vote and make an informed decision during the elections. Following are the contest conducted in our college and sent the result to the Election Department of Thoothukudi District:

The following were the list of winners

S.No.	Name of the Competition	Winners	
1.	Drawing Competition	1. Kavitha Rajalakshmi P 2. Premi	
2	Poster Making	1. Sakthi Archana B 2. Sharmili N	
3	Slogan Writing	1. Sankaralakshmi S 2. Subha M	
4	Singing	1. Yogashri 2. Prabha G 3. Vinothini G	
5	Group Dance	First Place: Freesia J Praisy N Anisha A Reshma R V Rabecca E Second Place: KamatchI S Anitha P Selcia Jeya Yazhini D	
6	Essay Competition	1.Sivaganga S 2. Sameera Begam M	





THOOTHUKUDI

ONLINE "CAPACITY BUILDING & PERSONALITY DEVELOPMENT PROGRAMME"

Tamilnadu Teachers Education University, Chennai in association with Annammal College of Education for Women, Thoothukudi organized a One Day Online "Capacity Building & Personality Development Programme" sponsored by National Commission for Women, New Delhi on 25.03.2022. Two hundred and Thirty prospective teachers from different Colleges of Education from Thoothukudi District participated in the programme. The programme was organized through the Google Meet Platform. The programme started sharply at 10.15 a.m. with TamilThai Vazhththu. Dr.R.Suryakala, Vice Principal, Annammal College of Education for Women, Thoothukudi presented the welcome address.

Session – I: 10.30 AM – 12.00 PM

The first session is on the topic "Digital Literacy & Effective use of Social Media". Dr.M.S.Xavier Pradheep Singh, Assistant Professor, PG & Research Department of English St. Joseph's College (Autonomous), Tiruchirappalli, TamilNadu was the resource person for the session. Dr. K.E.Valarmathi, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi introduced the resource person. The session started at 10.30 a.m. Dr. Xavier Pradeep started his presentation with a brief overview of his entire presentation. The session was very informative, he gave a detailed information about e-mail, its benefits and generating e-mail id in google. Then he explained about the banking service and its security setting and safety measures. He also gave a good idea on the do's and don'ts of using the internet and also on the various google apps and banking. He stressed the necessary social precautions to be followed when using the social media along with its benefits and disadvantages. Throughout the session he clearly explained about the email, banking services, google tools and social media. After his presentation, he addressed the queries raised by the students. The session ended by 12.00 p.m.

Session – II: 12.00 PM – 1.30 PM

The second session is on the topic "Personal Capacity Building". Br. Albert Xaviour, President, GNOSIS - INDIA, IFM was the resource person for the second session. Mrs.A.Vinothini Sylvia, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi introduced the resource person. Brother began the lecture with a few questions to think about for analysing ourselves. He then presented on the skills required for effective communication. He explained the tips to be followed to improve and enhance our listening skills. He lectured on the strategies for effective Time management. He also gave few points to be followed for internal or communicating with oneself. He then explained the different modes of communication process and educated the participants on the types of communication and group discussion. He also discussed how to deliver information and instruction in a classroom by stressing on voice modulation and body language. He ended his presentation by explaining the characteristics of aggressive, assertive and submissive behaviour patterns.

Session – III: 2.15 PM – 3.45 PM

The third session is on the topic "Professional Career Skills". Ms. Reena Rebecca, Principal, St.Mary's Composite College, Geddalahalli, Bangalore was the resource person for the second session. Dr. N. Sudha Kumari, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi introduced the resource person. After lunch break, third session started at 2:15 pm. She gave us knowledge about "Professional Career Skills". She started her lecture with the objectives of developing professional career skills. With a clear and elaborate presentation, she conveyed all the necessary information on Career Skills. She gave a complete idea on Where and How to identify career opportunities and tips to write a good Resume professionally with some resuming skills and also the need of writing the cover letter. Next she moved to the topic on how to prepare and present in an interview. She explained the meaning of Job Interview, types of Job Interview and how to appear for an interview. At last she explained on the Presentation skills, types of presentation and also the tips to be followed for professional public speaking.

All the sessions were really useful for the prospective teachers and the resource persons gave a wonderful presentation on the topics. The Session ended with Vote of thanks by Dr. S. Emimah, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi.



THOOTHUKUDI

VALUE ADDED COURSE ON STORY WRITING

A value added course on storytelling was organized for prospective teachers in the academic year 2021-2022. This course helped the participants to identify audience and communicate a message and to Understand the importance of empathy and belief systems that affect the audience. This course helps them to associate and use visual elements for perfect story writing. Students were trained to recall and identify the incidents and characters of their own life to create a story and to apply the situations faced in their life and organize it in such a way to solve certain social issues involved in the story. The module for the course were as follows:

Lecture & Tutorial	- 10 hours
Assignment	- 10 hours
Discussion and Redrafting	- 10 hours.



THOOTHUKUDI

SPECIAL SESSION ON "INTERVIEW AND SOFT SKILLS DEVELOPMENT"

A special session on "Interview and soft skills development" was organized on 07.04.2022 by the Psychology Club of Annammal College of Education for Women. The programme started sharp at 10.10 a.m at Shenbagamoorthy Hall. Dr.K.E.Valarmathi, Assistant Professor and in charge of the Psychology Club of Annammal College of Education for Women welcomed the gathering and introduced the resource person to the student teachers. Ms.Peethi, Pavanesh Raju. B and Aswin Kumar. V, Association of Intellectual Managers (AIMS), the members of the AIMS Committee from Chennai served as the resource persons. They conducted a session with the topic 'How to crack your interviews'.

The session lasted for about one and a hour hours and the resource persons covered the following topics:

- Self-introduction
- Body language
- Grooming and etiquettes
- Resume building
- Presentation Skills
- ✤ Group discussion
- Digital marketing and stress interviews and many more tips and tricks on the above topics

Each resource persons covered a portion of the above topics according to their expertise. This session was helpful for the students to crack their first interview. All B.Ed Students attended this session. Students shared their feedback using the G form with the following link: <u>https://forms.gle/ayFqnUV1HdkS2xn96</u>.

The student teachers got clarifications for few doubts with respect to video resume. Ms.J.Jennifer, Student Representative of Psychology Club proposed the vote of thanks.



ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN, THOOTHUKUDI

WORKSHOP ON RESUME WRITING AND INTERVIEW SKILLS

The placement cell of Annammal College of Education for Women, organised a workshop on Resume writing and Interview skills on 21st of April, 2022. The students from B.Ed. second year participated in that workshop. Mr. P. Subramanian, who is the speaker of the workshop, trained the students on resume writing. The workshop was a success that included many physical as well as mental activities that involved student's participation. He explained the techniques of interview by performing some magic tricks in front of the students. It provoked curiosity and listening skills among the students. Students were able to think critically during the workshop. Mr. Subramanian, also gave a model resume sheet for the students to benefit from it. The workshop finally came to an end with feedback and queries session. Ms. RufinaBlessy and Ms. Rajalaksmi, gave an oral feedback about the program. And finally, Ms. Santha Vincent Kerin concluded with a vote and thanks. Everyone dispersed when the program ended with the National Anthem song.



THOOTHUKUDI

WORKSHOP ON BRAIN TWISTERS

The IT Club & Mathematics club of Annammal College of Education for Women organized a workshop on Brain Twisters on 25-04-2022 at Shenbagamurthy Hall. The Secretary of the Maths club, Ms.Ramalakshmi welcomed the chief guest and the gathering. Mr.M.Jeyachandran, Business Facilitation Coordinator, EDII, THUDITSSIA, Thoothukudi served as the resource person. The resource person highlighted the importance of English and Mathematics in our day to day life. He explained some of the English grammar concepts by citing with suitable examples. He also shared a pamphlet

He explained the basic concepts of Mathematics. He explained the short cut techniques for solving problems He also motivated the students to solve logical and reasoning problems by giving gifts. The participants were actively participated throughout the session. Ms. Smylin, the IT club secretary delivered the vote of thanks. On the whole, the workshop served its purpose.



THOOTHUKUDI

SPECIAL TALK ON CONTENT MASTERY IN 9TH & 10TH STD SYLLABUS

A Special Lecture on 'Content Mastery in 9th & 10th Std Syllabus' was organized on 20.05.2022 for B.Ed. II year Physical Science students. The resource person was Mrs.S. Ahila Geetha, B.T. Assistant in Science, Subbiah Vidyalayam Girls Hr. Sec. School, Thoothukudi. She oriented the students on the different aspects to be taken care of in mastering the content in computer science. She also clarified the doubts of the students through an interactive session followed by the lecture.



THOOTHUKUDI

VALUE ADDED COURSE ON 'HEARTFULNESS MEDITATION'

A meditation session was conducted for 3 days where expert from the field came to share and teach their knowledge. Mr. A. Hariram trainer from heartfulness meditation provided his valuable time to train our students for 3 days. Also Mrs.S. Janaki. B.Com co-trained the students with Mr. Hariram for 3 days. The experts taught the students about the meditation, exercise and its general, physiological benefits. They explained how meditation will help us to gain a new perspective on stressful situations and how it helps us to overcome difficult times. The first day the session gives us introduction to two basic elements which is relaxation and meditation. Day two is the cleaning practice, a rejuvenation and detox technique that will help you let go of stress and the complexities of life. They explained the students that by addressing these emotions through the daily detoxification of our minds, we can restore individual peace and promote happiness. The third day is to observe your deepest feelings, make wise choices to weave your own destiny. They explained to the students that when they see clearly through being connected to your inner self, you will be able to choose a path for you that is grounded in heartfulness and 360-degree awareness. They monitored each student and provided corrections and advices to improve their meditation.



THOOTHUKUDI

ONE DAY TRAINING PROGRAMME ON DISASTER MANAGEMENT

The Youth Red Cross of Annammal College of Women, Thoothukudi organized a One day training programme on Disaster Management on 07.06.2022 in association with Tamilnadu Red Cross Society, Chennai. The coordinator of Youth Red Cross, Dr. N. Sudha Kumari welcomed the gathering. In the programme, the disaster management trainer, Mr. Philp Sudhar created awareness among the college students on disasters, their types and explained the ways and means of prevention of the disasters in day to day life. Followed by this, the trainer trained the students on first aid. Finally, the students interacted with the trainer and got clarifications regarding first aid and disaster mangement.

Sixty eight B.Ed. students attended and benefitted from the awareness programme who will be provided the certificates from Tamilnadu Red Cross. This programme was organized by the college Youth Red Cross Programme Officer Dr. N. Sudha Kumari. The student co-ordinator of Youth Red Cross Ms. G. Visithira Meenakshi proposed the vote of thanks.



THOOTHUKUDI

WORKSHOP ON BUILDING LEARNING ENVIRONMENT – TAKE AWAY FROM US EDUCATION SYSTEM

School environment is characterized by its facilities, classroom practices, schoolbased supports and disciplinary policies and procedures. Learning environment must provide inclusive education providing needed accommodations to meet specific needs of students with disabilities Teachers play a vital role in having positive attitude, active engagement and receptiveness in providing effective learning environment. Teachers must be aware that they cannot diagnose, but provide feedback to parents, other therapists so the students with disabilities could receive needs help with physicians and psychologists. Learning environment could be learner centered, knowledge centered, assessment centered or community centered, of which student centered learning brings optimal learning environment. Creative inclusive learning environment has the following steps 1. Start with Individual educational plan 2. Room arrangement 3. Flexible seating 4. Schedule based student need 5. Appropriate materials (differentiated instruction) 6. Collaboration between all stakeholders 7. Co-teaching 8. Feedback (re-evaluate) Elements for positive learning environment are safety, engagement, connectiveness and support. Learning environment must include learning resources such as technology, means of teaching, models of learning, and connections to global and societal contexts. Consider having SMART goals as a teacher and for students. S- specific M-measurable A-attainable R-relevant T-time-based The participants discussed how to provide best possible learning environment to a specific passage (grade 3 text-English) about Sachin Tendulkar. The student teachers were asked to discuss in groups and come up with how they would provide suitable learning environment to all students and deliver instruction. The team leaders came up with variety of strategies. The session was wrapped up with modelling strategies for the lesson. Attendees were asked to complete a feedback google form.



THOOTHUKUDI

AWARENESS PROGRAM ON CHILD TRAFFICKING

An awareness session on "Child Trafficking" was organised by the Anti Human Trafficking Club' of Annammal College of Education for Women on 27.07.2022. The resource person Mrs.V. Renuga Devi, Counsellor & Psychotherapist shared many information related child trafficking and ways to prevent it. She quoted some examples from her experience for clear understanding of the serious issue. Mrs. Dhanalakshmi Selvam who is the founder of Tulasi social trust addressed the gathering on the basis of real life incidents. Her words sowed the seedlings of child trafficking prevention in all students which in future will aid to grow and eradicate completely. The session ended with a formal vote of thanks by "Human Trafficking Club "student secretary Ms.Deeba.



THOOTHUKUDI

PRE- PRACTICE TEACHING ADDITIONAL INPUTS FOR STUDENT TEACHERS Participants: B.Ed. II year students

Pre– Practice Teaching Additional Inputs for Student Teachers was organized by Annammal College of Education for women, on 28.07.2022. It was conducted by four sessions and four topics were covered.

Session 1 - Topic: Content Mapping

Resource Person: Mrs.N.Prabha, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi

The resource person explained about what content mapping is and how to use it in their intensive teaching practice. Content maps have a variety of uses in supporting the professional development of teachers, including serving as a tool that allows teachers to define the content to be taught in an instructional unit, a teaching tool that can be used to teach content knowledge, and an assessment tool to assess the content knowledge of pre-service and in-service teachers. It helps students to organize new information. It helps students to make meaningful connections between the main idea and other information. They're easy to construct and can be used within any content area. Developing content knowledge in teachers presents a constant challenge for educators.

Session 2 - Topic: Identifying Varied Students Abilities

Resource Person: Mrs. T.Emima Rolanshia, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi

The resource person explained how to identify students with different learning abilities. Some students may be able to read exceptionally well, while others may not be able to read at all. Conducting assessments can help teachers identify a student's individual academic skills, learning styles and interests in mixed-ability classrooms. She shared her thoughts about teaching students with various learning abilities, which involves creativity, time and a desire to understand how a student learns best. Some students may be able to read exceptionally well, while others may not be able to read at all. Conducting assessments can help teachers identify a student's individual academic skills, learning styles and interests in mixed-ability classrooms.

Session 3 - Topic: Inclusive Classroom Practice

Resource Person: Mrs.A.Jeyakavitha, Assistant Professor of Computer Science, Annammal College of Education for Women, Thoothukudi

Inclusive education is based on the principle of participation. Inclusive education involves all children in common educational settings where they can learn together without any discrimination. It provides opportunities for students with disabilities for active participation equally. She shared her views on the role of the teacher in an inclusive classroom. Inclusive education happens when children with and without disabilities participate and learn together in the same classes. She explained that when a child with disabilities attends classes alongside peers who do not have disabilities, good things happen. Inclusion is about providing the help children need to learn and participate in meaningful ways.

Session 4 - Topic: Visualizing Differential learning Abilities

Resource Person: Mrs. T.Emima Rolanshia, Assistant Professor of Education, Annammal College of Education for Women, Thoothukudi

Learning disabilities are due to genetic and/or neurobiological factors that alter brain functioning in a manner which affects one or more cognitive processes related to learning. These processing problems can interfere with learning basic skills such as reading, writing and/or math. They can also interfere with higher level skills such as organization, time planning, abstract reasoning, long or shortterm memory and attention. She explained about the types and causes of disabilities. They are visual impairment, Physical disabilities, Dyslexia / Dyscalculia / Dyspraxia, Mental health difficulties, hearing impairment. She explained about visual related cues and information and different assessment methods for visual impaired students. She taught students how to handle physical disabilities. She gave the definition of Dyslexia / Dyscalculia / Dyspraxia and also explained about what the teaching methods were given. We can provide written forms of learning materials for hearing-impaired students.