



NATIONAL COMMISSION FOR WOMEN
New Delhi

sponsored

**WORKSHOP ON CAPACITY BUILDING &
PERSONALITY DEVELOPMENT PROGRAMME**

organized by

The Women Development Cell of
ANNAMMAL COLLEGE OF EDUCATION FOR WOMEN
TIRUCHENDUR ROAD, THOOTHUKUDI



16th June 2023



Open to Women Prospective Teachers

Organizers

Mrs. A. Vinothini Sylvia & Dr.S.Emimah

Assistant Professors, ACE

 **Contact us**

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Best wishes from

Mr.S.Gauthaman, *Managing Trustee, Subbiah Dharmanidhi*

Mr. S. Muralidharan, *Secretary, ACE*

Dr.A.Joycilin Shermila, *Principal ACE*

About NCW

The **National Commission for Women (NCW)** is the statutory body established under the National Commission for Women Act, 1990. The objective of the NCW is to represent the rights of women in India and to advise the Government on all policy matters affecting women. The subjects of their campaigns are child marriage, equal representation for women in jobs, and the exploitation of women for labour. It organises workshops/seminars for gender awareness and took up publicity campaign against female foeticide, violence against women etc. in order to generate awareness in the society against these social evils.

About Annammal College

Annammal College of Education was founded in 1962 by Thiru.AR.A.S.Arumugasamy Nadar (1893-1971) the eldest and illustrious son of the founder of the Subbiah Dharmanidhi, Thiru.AR.A.Subbiah Nadar(1871-1943) with the noble ideal of imparting training to graduate women to become able and talented teachers. The vision of the college is to uplift the women by giving them professional higher education and helping them to become empowered. The college is affiliated to Tamilnadu Teachers Education University, Chennai. The college strives to prepare skilled teachers by offering B.Ed. and M.Ed. courses. The college is reaccredited with A++ with CGPA 3.61 on 2023 by the NAAC.

Outline of the Workshop

Capacity building and Personality Development is one of the greatest challenge in Higher Education in developing the communication and interpersonal skills of students. Such programmes are known to be high in demand as they help students to learn soft-skills and techniques that are required to gain a competitive edge during placement and job interviews.

Capacity development must be understood as a long-term, complex change process that is strongly depending on the specific context. It is a crucial determinant of all development measures, because without adequate capacities, development is impossible.

Thus, capacity building and personality development is an essential aspect of holistic development. In a general manner, 'capacity' is understood as "the ability of people, organisations and society as a whole to manage their affairs successfully." Personality development plays a crucial role in determining the success of a person in both personal and professional life. This workshop will help the women prospective teachers to develop their abilities, skills and personality to create a good impression about themselves on others and helps them to build & develop relationships for career growth.

Objectives of the Workshop

- ◆ To optimize the use of life skills to enhance the effectiveness of teaching learning system.
- ◆ To prepare prospective women teachers for entering job/employment market.
- ◆ To generate confidence among women prospective teachers to demonstrate good professional and communication skills.
- ◆ To focus on learning and applying the use of spontaneous, rational and critical thinking, communication and interpersonal skills to create effective women teachers.
- ◆ To enhance the personality of women prospective teachers to face the professional as well as personal situations with courage and confidence.

Session I Personal Capacity Building

DR. B. WILLIAM DHARMA RAJA
*Professor & Head, Department of Education
Manonmaniam Sundaranar University
Tirunelveli*

Session II Effective use of Social Media

Mrs.S.SORNALATHA
*Advocate / Central Govt. Notary Public
State Member
Widow & Destitute Women Welfare Board
Govt. of Tamil Nadu*

Session III Professional Career Skills

DR.B.BENESON THILAGAR CHRISTADOSS
*Head, Associate Professor,
Department of English
St.John's College,
Palayamkottai, Tirunelveli*

Session IV Digital Literacy

DR A. RATHINA PRABHU
*Assistant Professor, Department of English
St.John's College,
Palayamkottai, Tirunelveli*

Programme Schedule

- 9.30 am - 9.45 am **Registration**
9.45 am - 10.00 am **Inauguration**
10.00 am - 11.30 am **Session I**
11.30 am - 11.45 am **Tea Break**
11.45 am - 1.15 pm **Session II**
1.15 pm - 2.00 pm **Lunch Break**
2.00 pm - 3.00 pm **Session III**
3.00 pm - 4.00 pm **Session IV**

**Free Registration,
Kit, Working Lunch,
Refreshment and
Certificate will be
provided**